Mathew Mili	Client Reference Number:
Form 4	
Revision No.: 2024-01-14	

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Mathew Mili	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 60 Cutter Mill Road Suite 303	3. Date of Earliest Transaction (Month/Day/Yo 01/14/2025	*	☐ Director ✓ Officer (give title below) Vice President - Financial	10% Owner Other (specify below)		
(Street) Great Neck, NY 11021 (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month/	'Day/Year)	6. Individual or Joint/Group Filing (Will be automatically set) Form filed by One Reporting Person Form filed by More than One Reporting Person			
	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended t the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

	3	(Month/ Day/ Year)	Execution Date, if any			4. Securities Acquired (A) (Instr. 3, 4 and 5)	or Disposed of (D)		Securities Beneficially	Form: Direct	7. Nature of Indirect Beneficial Ownership
			(Month/ Day/ Year)	Code	de V Amount (A) or (D)	Price	Owned Following Reported (I) Transaction(s) (Instr. 4)	(I)	(Instr. 4)		
C	Common Stock	01/14/2025		A		3,000 (1)	A	\$0	23,789	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise	 3A. Deemed Execution Date, if	4. Transaction (Instr. 8)	Code	5. Numbe Derivativ		6. Date Exercisable a (Month/ Day/ Year)	1	7. Titl Secur			9. Number of Derivative		11. Nature of Indirect
	Price of	 any (Month/Day/	,		Securities				(Instr	. 3 and 4)	Security	Securities		Beneficial
	Derivative	Year)			Acquired	(A) or					(Instr. 5)	Beneficially	Derivative	Ownership
	Security				Disposed	of (D)						Owned	Security:	(Instr. 4)
					(Instr. 3,	4, and 5)							Direct (D)	
			Code	V	A	D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			or Indirect	
												(Instr. 4)	(Instr. 4)	

Explanation of Responses:

Remarks:

1. These shares were issued as restricted stock on January 14, 2025 under the issuer's 2022 Incentive Plan. Generally, subject to the reporting person's continued relationship with the issuer, the shares vest on or about January 11, 2030.

/s/ Mili Mathew	01/16/2025

**Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Date

^{*} If the form is filed by more than one reporting person, see Instruction 4(b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).